

Deepen your 21 days of Prayer through Fasting

FIND EXPANDED FASTING OVERVIEW AT THE WELCOME CENTER

WHAT

BIBLICAL FASTING IS REFRAINING FROM FOOD FOR A SPIRITUAL PURPOSE. IT BRINGS ONE INTO A DEEPER, MORE INTIMATE, AND POWERFUL RELATIONSHIP WITH THE LORD.

HOW

THERE ARE MANY DIFFERENT WAYS TO FAST. FIND WHAT WORKS FOR YOU BE SACRIFICING SOMETHING THAT IS DIFFICULT FOR YOU TO GIVE UP, BUT ALSO BE REALISTIC IN WHAT YOU CHOOSE. EVERY TIME YOU WANT TO EAT OR DRINK WHAT YOU'VE GIVEN UP, LET THAT REMIND YOU TO PRAY.

WHY

GOD CALLS US TO FAST IN THE BIBLE. YOUR EXPERIENCE WITH FASTING WILL ULTIMATELY DRAW YOU CLOSER TO HIM! GOD WILL HONOR YOUR SACRIFICE AND OBEDIENCE.

My 21 Days of Prayer Guide

NEW YEAR, NEW YOU - 21 DAYS & BEYOND

Continue growing in your walk with the Lord in one of the following ways:

1 | ENROLL IN OUR NEXT STEPS CLASS.

(Original & Branch Campus)

Find what's next for you, including your spiritual gifts and talents. Learn what we have to offer and how you can make a difference. Start dates: January 10th and February 21st. Sign up at the Welcome Center or at rocksprings.info.

2 | JOIN A PRAYER GROUP

Men's Prayer Group (Original Campus): Sundays at 7:30 am | Conference Room
Coed Intercessory Prayer Group (Original Campus): Sundays at 11am RS Kids 309
Coed Prayer Group (Branch Campus): Sundays at 9:20 am
Men's Prayer Group (Macon Campus): Sundays at 8:45 am in the Prayer Room
Coed Prayer Group (Macon Campus): Wednesdays at 6:00 pm

3 | CONSIDER LEADING OR JOINING A SMALL GROUP

Leading a small group here at Rock Springs is easy. Brand new groups launch January 31st. Grow in your walk with God by finding the perfect group for you or start one of your own! Leading is easy, let's talk more about it!

Contact Trey Varner at (770) 229-8663 or Trey@rockspringsonline.com

We are so excited that you are joining us in 21 days of prayer and fasting. This year we wanted to make it simple for you to participate! Whether you are brand new to church, or you've been in church for years, this is for you. Simply follow the prayer guide for each day in addition to praying for your personal needs that you list below.

We encourage you to participate in fasting as well! Biblical fasting is refraining from food for a spiritual purpose. It brings you into a deeper, more intimate, and more powerful relationship with the Lord. According to the Bible, fasting is a spiritual discipline. In Matthew chapter 6 Jesus said, "when you give...when you pray...and when you fast..." therefore, He assumed that we would do all three. There are many different ways to fast, and you can turn to the back page for more information.

Blessings will happen for you and your family throughout the year because you made the sacrificial act of prayer and fasting in January. This principal is stated in Matthew 6:33 "Seek FIRST the Kingdom of God and His righteousness and all these things shall be added unto you."

We want to invite everyone to join us on our church-wide 21 days of prayer and fasting beginning January 10th. For more in-depth information on how fasting works, stop by the Welcome Center and pick up a copy of the Biblical guidelines and scriptures on prayer and fasting.

We look forward to hearing about how God moves in your life through this season of prayer and fasting!

What I'm Praying for in 2021:

21 Days of Prayer and Fasting

Subscribe to our emails for daily prayers at www.rockspringsonline.com/subscribe OR download our brand new app by texting RSONLINE APP to 77977.

- January 10 – Pray for Thankfulness | Colossians 4:2
- January 11 – Pray for Blessing | Numbers 6:24-26
- January 12 – Pray for Healing | James 5:16
- January 13 – Pray for Guidance | Proverbs 3:5-6
- January 14 – Pray for Strength | Psalms 46:1
- January 15 – Pray for Anxiety and Worry | Philippians 4:6-7
- January 16 – Pray for Family | Psalms 103:17
- January 17 – Pray for Peace | Matthew 11:28-30
- January 18 – Pray for Encouragement | Psalms 118:24
- January 19 – Pray for the Lost | Matthew 5:16
- January 20 – Pray for Victory in Spiritual Warfare
2 Chronicles 20:15
- January 21 – Pray for our Nation | Psalms 33:12
- January 22 – Prayer for Israel | Psalms 122:6
- January 23 – Pray for Humility | Philippians 2:3-4
- January 24 – Pray for Pastors | Jeremiah 3:15
- January 25 – Pray for Teachers and Students | Proverbs 22:6
- January 26 – Pray for our Military | Psalms 3:3-4
- January 27 – Pray for Law Enforcement | Psalms 5:11
- January 28 – Pray for Revival | Isaiah 44:3
- January 29 – Pray for our Leaders | Psalms 2:10-12
- January 30 – Pray for World Peace | John 14:27