

dealing with feelings



OVERCOMING AN UNGRATEFUL SPIRIT

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Romans 1:21

Signs of Ingratitude:

1. We rarely _____ thanks to God and others.
2. We expect people to respond to our needs _____.
3. We are constantly _____.
4. We are constantly _____.
5. We give very _____ back.

Motivation For Being Grateful:

1. It is God's _____.
2. It is God's _____.
3. It is God's _____.

Benefits of Gratitude:

- A. Spiritual and emotional _____
- B. Improves your physical _____
- C. Benefits _____
- D. Makes your life _____
- E. Combats the _____