

# LIVING, LEARNING, AND LEADING IN DIFFICULT DAYS

COURAGE FOR THE DISCOURAGED

DR. BENNY TATE

1 Kings 19:4 | James 5:17

1. The best \_\_\_\_\_ can get depressed.
2. Christian \_\_\_\_\_ are more susceptible.
3. \_\_\_\_\_ causes depression.
4. Even Christians can be \_\_\_\_\_.
5. There are many causes of \_\_\_\_\_.

Biblical Answers for the Discouraged:

1. Take care of your physical \_\_\_\_\_.
2. Watch what you \_\_\_\_\_ to yourself.
3. Be \_\_\_\_\_ than you \_\_\_\_\_.
4. Believe your \_\_\_\_\_ days are in the \_\_\_\_\_.